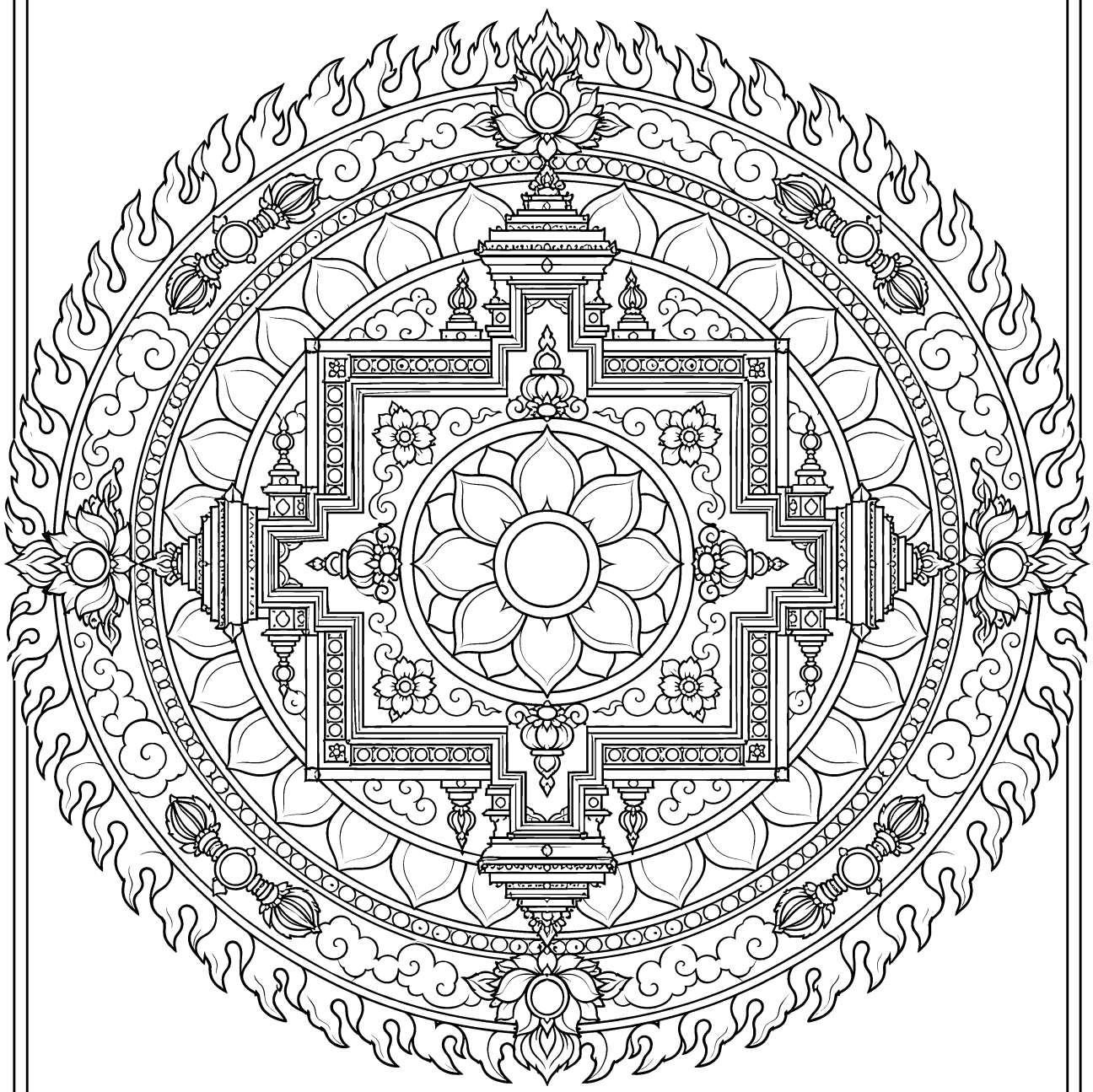


MANDALA

དཀྱིལ་འཁོར།

Pronunciation Kyilkhor

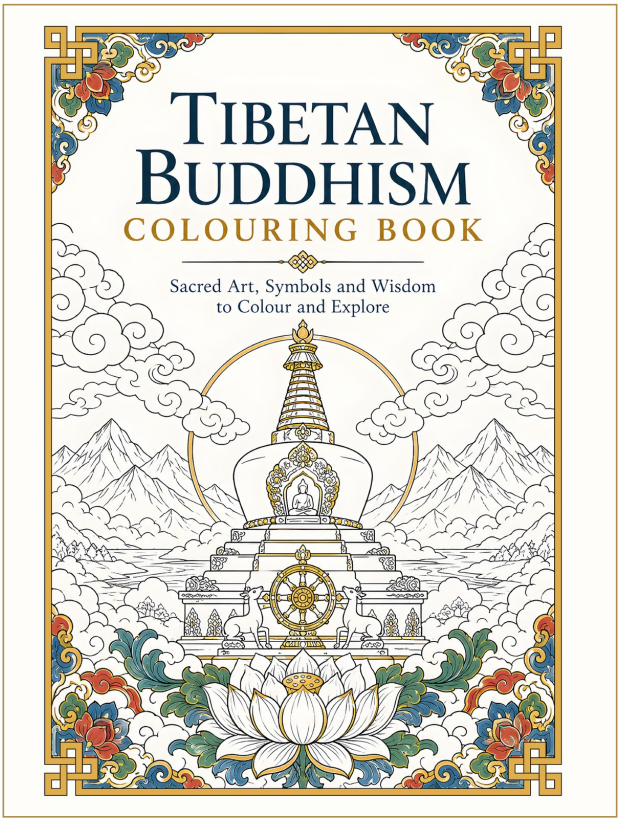
Sanskrit *Maṇḍala*

A mandala represents an enlightened world arranged around a sacred centre. Many Tibetan mandalas resemble a celestial palace viewed from above, with four gateways, a square enclosure and surrounding circles. Lotus petals, vajras and flames can mark its boundaries, expressing purity, indestructible wisdom and the transformation of ignorance.

In tantric practice, mandalas support meditation and visualisation. Specific traditions prescribe precise deities, arrangements and colours, but this illustration is a general mandala-inspired design rather than the mandala of a named practice. It therefore has no compulsory colour scheme. Red, blue, yellow, green and white offer a palette familiar from Tibetan Buddhist art, with gold accents and orange-red outer flames. Repeating colours symmetrically can emphasise the balanced relationship between the centre and its surrounding spaces.

Enjoyed this page?

It comes from the Tibetan Buddhism Colouring Book:
fifty detailed designs, each paired with the story behind it.



Get the full book on Amazon

booksmart.fyi/uk/buy/tibetan-buddhism

More free pages at booksmart.fyi/uk

© 2026 synaesthetique. Free for personal use. Please do not sell or redistribute this file.